

Analysis of methane as a biomarker of human breath using gas photoacoustic spectroscopy

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The methane (CH₄) produced in the intestine by methanogenic archeas of the species Methanobrevibacter smithii, as well as acetone (CH₃COCH₃) from hepatic ketogenesis can act as human respiration biomarkers for diabetes mellitus. The higher glucose levels and the percentage of glycated hemoglobina in the blood, the higher the concentrations of these gases in the breath. In this sense, biomarkers can be useful for early diagnosis and non-invasive disease monitoring. In the breathing of healthy individuals, CH₃COCH₃ is detectable in the range of 0.39 to 1.09 ppmV. Methane-positive individuals have a detectable CH₄ concentration in the range of 3 to 8 parts per million by volume (ppmV), while methane-negative individuals exhale CH₄ below 3 ppmV. In the case of CH₄, 3 ppmV is usually the limit of detection of gas chromatography used for this type of analysis, which makes it difficult to establish exactly the concentration of CH₄ exhaled by methane-negatives. Therefore, Photoacoustic Gas Spectroscopy (PGS) becomes advantageous because it has a lower detection limit, allowing non-destructive and non-invasive measures. This technique is based on the generation of acoustic energy by transforming light into thermal energy in a linear manner. The radiation source adopted is the Quantum Cascade LASER emitting at 1360 cm⁻¹ (CH₄ absorption). After the electrical characterization of the LASER (T = 0 °C; R = 12 μ V; P = 19.5 mW; i = 700 mA), wave number scans were made and the resonance frequency of the detector was determined (3.851 kHz). Then, several calibrations of the system were obtained with synthetic air, in which it was possible to investigate an unexpected phenomenon, a non-linear behavior of the photoacoustic signal as a function of the concentration due to processes of resonant energy transfer between the energy levels of the CH₄ and the O_2 . Therefore, the calibration must be done with pure nitrogen gas. The system was calibrated and the efficiency of the KOH and liquid N₂ filters used to remove CO₂ and H₂O from the gas sample was tested, as well as the CH₄ adsorption in the Tedlar bag was evaluated. Due to the pandemic for the new Coronavirus, the tests were interrupted in March 2020. So far, the breathing of 10 volunteers under endocrinological supervision has been analyzed. As perspectives, we intend to resume the CH4 influence tests, perform simulated breathing measurements and quantify the CH₃COCH₃. The detection limit found for CH₄ was 0.42 ppmV. It is concluded that PGS was sensitive to analyze the CH₄ of human breath.





